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# Baba's Feet Islamic body parts

Written by Soumy Ana

Jamada II, 1425 / August 2004

<http://www.ummah.net/islam/taqwapalace>

## Islamic Body Parts

Written by Soumy Ana

<http://www.ummah.net/islam/taqwapalace>



**Baba's and Mama's feet are for walking to the *Tadkira*, an Islamic reminder.**

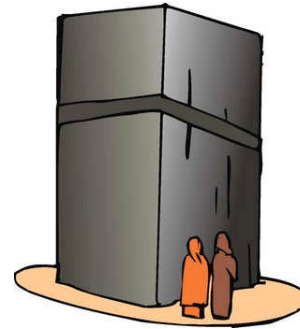
*Volume 1, Book 11, Number 631: Bukhari*

Narrated Abu Huraira: The Prophet said, "Allah will prepare for him who goes to the mosque (every) morning and in the afternoon (for the congregational prayer) an honorable place in Paradise with good hospitality for (what he has done) every morning and afternoon goings."



**Baba's feet is for walking around the *Kaaba*. Each step of Baba's feet during Hajj is worth 100.000 good deeds!**

The *thawaab* is so great that Sheikh Ibn Abbas (r.a.) said: "whoever walks (in Hajj) from Mina to Arafat shall receive 100,000 good deeds of the Holy Haram."



**Babies feet are for going to the Quranic school and for making haste in obeying Baba and Mama. Our feet are for following the footsteps of the great scholars of Islam after the steps of our Prophets Muhammad (saas).**



**Mama's feet are for tending the house.**

**For Mammy, it is like making *Jihad*!**

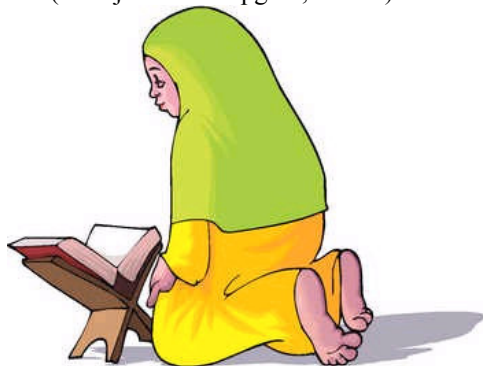
The Prophet, peace and blessings be upon him, says in this regard, addressing women: "Take care of your home for that is your *Jihad*." (Musnad Ahmed). *Jihad* is the epitome of Islamic life. Declaring home-making as *Jihad* for women is giving it the highest possible status in an Islamic society.



**Baba's knees are for kneeling in prayers each day in masjid. Baba's knees are also for profound ruku'a and deep sajdas. Qiyyam –ul- Layl brings light to his face and forgiveness for his sins.**

Al-Hasan said: "We do not know of any deed more difficult than the struggle to stay up at night or to spend money." It was said to him, "Why do the *mutahajjadeen* (those who pray *Tahajjud* at night) have the most beautiful faces?" He said, "Because they spend time alone with the Most Merciful, so He adorns them with some of His light."

Nabi (Sallallahu Alayhi Wasallam) reported to have said, "That person who retires to bed at night with the intention of awaking to stand up in worship for Allah Ta'ala during the night. However, sleep overpowers him until he opens his eyes to find out that it is dawn, Allah Ta'ala will reward this person according to his intention and his sleep will be regarded as Sadaqah in the eyes of Allah." (Mutajirur raabih pg.91; Nahda)



**Mamma's knees is for sitting with me, teaching me the Qur'aan.**

Rasulullah (sallallahu alayhi wasallam) said: "The best of you are those who learn the *Qur'aan* and teach it." (Bukhaari)

**And there are more rewards for me for trying to read it on her lap. Allah doubles them for me who tries so hard.**

Rasulullah (sallallahu alayhi wasallam) said: "A person who recites one harf (letter) of the *Qur'aan*, obtains one virtue; each virtue multiplies to ten virtues. I am not saying that (ALM) is one harf. But, Alif in it is one harf; the Laam in it is one harf and the Meem in it is one harf." (Tirmizi and Daarami)

**Baba's thighs are for holding baby on his lap during Jumuah and teaching us to listen without uttering a word or move a thing. Baba's thighs are for covering them, from the navel to the knees, for modesty.**

Muawiyah (r) related that the Holy Prophet (s) said: "Upon a person whom Allah desires good, He bestows the knowledge of faith" (Bukhari and Muslim).

Abu Umamah (r) reports that the holy Prophet (s) said, "A learned person or theologian is as much superior to a worshipper as I am superior to an ordinary Muslim among you". The holy Prophet (s) further added, "Allah, His angels and all those who live in the heavens and the earth, even the ants in their holes and the fish supplicate for those who instruct people in virtuous knowledge" (Tirmidhi).



**Mama's thighs are for writing all she has learned during the *Khutbah* for us to share with her.**

The Prophet (s) said, "A person who follows a path for acquiring knowledge, Allah will make easy the passage for Paradise for him", related from Abu Huraira(r) (Muslim).

**Baba's tummy is for only *halal* meat and *halal* treats or for fasting twice a week.**



In a Hadith the Messenger of Allah (Allah bless him & give him peace) said: "A body nourished on Haram sustenance (rizq) will not enter paradise." (Sunan Tirmidhi)

In another narration, it is narrated that an angel at Bayt al-Maqdis proclaims every day and night: "Whosoever consumes unlawful (haram) food, Allah Most High will not accept his obligatory (fard) and voluntary worship." (See: al-Kaba'ir of Imam Dhahabi)

**One day of fasting has so many rewards we cannot count them and Allaah will not tell us how many, but we know there is a gate in *Jannah* for those who fast a lot.**

"Whoever fasts one day for the sake of Allaah, Allaah will keep his face seventy years' distance from Hell," (al-Nasaa'i, 2247; classed as saheeh by al-Albaani in Saheeh Sunan al-Nasaa'i, 2121).

Rasulullah (Sall-Allahu alayhi wa sallam) said: "The sleep of a fasting person is regarded as an act of *ibaadah*, his remaining silent is regarded as

*a tasbeeh*, the reward for his good deeds is multiplied, his duas are accepted, and his sins are forgiven."

It is mentioned in a Hadith that fasting is a shield and a strong fortress in order to save oneself from hell.

It is mentioned in a Hadith that the person who feeds a fasting person at the time of opening fast will receive the same reward as that of the fasting person without there being any decrease in the reward of the fasting person.

Narrated by Sahl: The Prophet (swas) said, "There is a gate in Paradise called *Ar-Raiyan*, and those who observe fasts will enter through it on the Day of Resurrection and none except them will enter through it. It will be said, 'Where are those who used to observe fasts?' They will get up, and none except them will enter through it. After their entry the gate will be closed and nobody will enter through it." (Al-Bukhaari: Volume 3, Book 31, Number 120)



**Mama's tummy is where I come from. She earns a great deal each time I kicked or she hurt.**

Anas reported that the Prophet said: "*Paradise lies at the feet of mothers*". Bukhari. Volume 7, Book 70, Number 544: Narrated 'Aisha: (the wife of the Prophet) Allah's Apostle said, "No calamity befalls a Muslim but that Allah expiates some of his sins because of it, even though it were the prick he receives from a thorn."

Volume 7, Book 70, Number 545: Narrated Abu Sa'id Al-Khudri and Abu Huraira: The Prophet said, "No fatigue, nor disease, nor sorrow, nor sadness, nor hurt, nor distress befalls a Muslim, even if it were the prick he receives from a thorn, but that Allah expiates some of his sins for that."

**Baba's chest is for contracting while making *dhikr* or for breathing the air of the earth he helped purify. Mama's chest is where I suck for two years as it is ordered in the Noble Qur'aan. She is like the one who gives life to a human being all this time!**

The Holy Prophet (sallallahu alaihi wasallam) said: "Each time the baby sucks milk the nursing woman gets the reward as of giving life to a mortal and when she completes the feeding the angels pat her on the shoulders and declare that all her past [minor] sins have been forgiven." (Kanz)

**Baba's back is for bowing before the Only One God and sometimes I like to climb on it like the grandsons of Prophet Muhammad (saas) did. Baba never takes a break from his worship while Mama sometimes does.**



**Mama's back is for *sujood* too. But she has more time to offer *salaat* when she stays home. For every *sunnah*, she may earn *Jannah*.**

The mother of the faithful Umm Habibah Ramilah bint Abu Sufyan (Radhiyallahu 'anha) narrated that she heard the Prophet (Shalallahu 'alaihi wa Salam) saying: "A house will be built in paradise for every Muslim who offers twelve Rak'ah of optional salah other than the obligatory salah in day and night, to seek pleasure of Allah." (Narrated by Muslim).

Umm Habiba radhiyallahu 'anha narrated that the Prophet (Shalallahu 'alaihi wa Salam) said: "Whoever, observes the practice of offering four rak'ahs before Duhr prayer and four rak'ahs after it, Allah will shield him against the fire of hell." (Narrated bay Abu Daud and At-Tirmithi).



**Baba's hands are for making *du'as* and for paying *zakat*. They are gathering *hasanaat* whenever he removes a stone from people's path or helps a stranger crossing a road or helps his people with any load. They are for *jihad* too to defend his fellows Muslims.**

The Prophet (PBUH) said, "The best charity is to feed an empty stomach." The Holy Prophet (PBUH) said, "Whosoever clothes another Muslim, Allah (SWT) will cloth him on the Day of Judgment with clothes of Heaven (Jannat)."



**Mama's hands are for *sadaqah*. Every time she moves a thing in the house to make it more attractive, she earns good deed!**

*"The reward a woman gets in carrying out her duties equals the reward of men's Jihad."*

*"Take care of the home. That is your jihad." [Musnad Ahmad].*

**Baba and Mama's hands are both for helping and sharing with everybody regardless of their religion or their origin. They have to make sure people around them are not in need so that Allaah will not be angry with them.**

*On the authority of Aisha (may Allah be pleased with her), who said: The Holy Prophet (peace and blessings of Allah be upon him) said: Gabriel advised me to do good to the neighbor to the point I almost thought he would eventually advise me to make my neighbor my heir". (Bukhari and Muslim).*

*"On the authority of Abu Hurairah (may Allah be pleased with him), who said: The Holy Prophet (peace and blessings of Allah be upon him) said: By Allah, his faith is incomplete, BY Allah, he is not a perfect Muslim, By Allah, he does not believe. He was asked: O! Messenger of Allah! Who is he? He said: One whose neighbor is afraid of his mischief or does not feel comfortable with him". (Bukhari and Muslim).*

Note: Muslim's version says: "That person whose neighbor is afraid of him, will not enter paradise".



**Baba's arms are for embracing me and showing me how much he loves me. As long as he holds his brothers' hand and do not remove his, his sins flow away like a stream.**

Allah's Rasool, Sallallahu Alayhi Wasallam, said:

"When two Muslims meet (give salaam), and shake hands, they are forgiven their sins before they part (with each other)." (Abu Dawud)

**Mama's arms are also to show mercy and sisterly love. When she shakes hands with her sisters, and she praises Allaah and asks forgiveness from Him, both of their sins are forgiven. *AlHamdulillaah!***

Hadith - Abu Dawood, Narrated Al-Bara' ibn Azib

The Prophet (saas) said: "If two Muslims meet, shake hands, praise Allah, and ask Him for forgiveness, they will be forgiven."

**Baba's mouth is for smiling and making people smile because Allaah likes to see our teeth.**

Prophet Muhammad, (salAllahu alayhi wasalam), is reported to have said:

*"There is no person who does not have the obligation of (doing) charity every day that the sun rises."*

Whereupon he was asked: "O messenger of God, wherefrom would we get something to give in charity (so often)?"

To which he, (salAllahu alayhi wasalam), replied:

*"Indeed the gates to goodness are many: glorifying God, praising Him, magnifying Him, saying 'There is no god but Allah', enjoining the good and forbidding the wrong, removing (any source of harm from the road, listening to the aggrieved, guiding the blind, showing the seeker his need, striving as far as your two legs could carry you and with deep concern to give succour to him who asks, carrying with the strength of your arms (the burdens of) the weak. All these are (acts of) charity which are an obligation on you."* And he added:

*"And your smiling in the face of your brother is charity, your removing of stones and thorns from people's paths is charity, and your guiding a man gone astray in the world is charity for you."*



**Each word of kindness and even a smile earns him rewards. But the best use he makes of it is for reciting Qur'aan.**

Rasulullah (sallallahu alayhi wasallam) said: *"He who recites the Qur'aan, memorizes it, accepts its halaal (lawful things) as halaal and haraam (forbidden things) as haraam (i.e. his beliefs in these matters are correct), Allah Ta'ala will enter him into Jannat and accept his intercession on behalf of ten such persons of his family upon whom entry into Jahannum has become incumbent (i.e. Allah Ta'ala will forgive them because of his intercession)."* (Ahmad, Trimizi, Ibn Majah, Daarami)

**Mama's mouth is like a pearl because she never lets herself backbite whoever it may be, Muslim or not. And her tongue never denounces her brothers or sisters' sins. She keeps quiet about what does not concern her. She utters a word that is good and beneficent, or she remains silent.**



Abu Muhammad al-Khallaal attributed to the Prophet (peace and blessings of Allaah be upon him): *"Whoever backbites about a man then asks for forgiveness for him, his backbiting will be forgiven"*

Zakariya al-Ansaari said: *"Backbiting about a kaafir is haraam if he is a dhimmi [a non-Muslim living under Islamic rule], because that puts them off from accepting the jizyah and it is going against the treaty of dhimmah (agreement between non-Muslim subjects and the Islamic state) and the words of the Prophet (peace and blessings of Allaah be upon him).*

*'Whoever makes a snide comment to a dhimmi has earned Hell.'* (Narrated by Ibn Hibbaan in his *Saheeh*).

It is permissible (to backbite about a *kaafir*) if he is a *harbi* (one who is at war with the Muslims), because the Prophet (peace and blessings of Allaah be upon him) used to command Hassaan to lampoon (imitate somebody's style in a humorous way) the *mushrikeen*." (*Asna al-Mutaalib ma'a Haashiyatihi*, vol. 3, p. 116)



**Mama also is keen on warning us when we forget about Allaah. She is the perfect reminder.**

Rasulullah (sallallahu alayhi wasallam) said: *"On the Day of Qiyaamah a crown of such brilliance will be placed on the heads of the parents of one who learnt the Qur'aan and practiced on its laws, that its glitter will outshine the brilliance of the sun which penetrates your houses. What then do you think will be the position of the one who himself learnt the Qur'aan"*



and acted in accordance with it?"

(Ahmad and Abu Dawood)

**Baba's eyes is for holding me back when I displease Allaah and for looking away when he sees forbidden things.**

**Mama's eyes are for the shadow of the *khol*. Because of it she might one day, Insha Allaah, see as far as three days!**

The Prophet (saas) is related to say: *"I hate for a woman to be brazen (salqa') and bare-eyed (marha'), neither wearing kohl on her eyes nor henna on her hands."*

A'isha - Allah be well-pleased with her - is reported to say: *"Allah's Messenger ordered us [women] to comb through our hair in ghusl and completely dye our hands with henna lest they become dry and rough like men's hands."*

And ithmid is more efficacious than other types of kohl.

It was proven in *Sunan al-Nasaa'i* (5113) and *Sunan Abi Dawood* (3837) and elsewhere, from the hadeeth of Ibn 'Abbaas (may Allaah be pleased with him) that the Messenger of Allaah (peace and blessings of Allaah be upon him) said: *"The best of your kohl is ithmid (antimony), for it makes the vision clear and makes the hair grow."*

And it was said of Zarqa' al-Yamaamah, who could see as far as three days, that when she was killed, they saw that all the veins of her eyes bore traces of this ithmid. (*Majmoo' al-Fataawa*, vol. 17; Chapter on medical treatment and visiting the sick).



**Baba's nose is for the light perfume used after his *Ghusl* and for smelling the incense he pours in our *musallah*.**



'Aishah reports that the Prophet ordered that mosques be built in residential areas and that they be cleaned and perfumed. This is related by Ahmad, Abu Dawud, at-Tirmizhi, Ibn Majah, and Ibn Hibban with a good chain. Abu Dawud's wording is: *"He ordered us to build the mosques in the residential areas, to build them well, and to purify them. 'Abdullah would burn incense when 'Umar would sit on the pulpit."*

Anas reports that the Prophet sallallahu alehi wasallam said: *"The rewards of my ummah were placed before me, even for removing a speck of dust from the mosque."* This is related by Abu Dawud, at-Tirmizhi, and Ibn Khuzaimah who calls it sahih. Volume 2, Page 71a: Maintaining the Mosques

**Mama's hair is for *hijab*. It is like her robe of honor.**

**Baba's hair is for *wudoo* and cleanliness as all parts of his body. It is a *sunnah* for him to use henna in his beard too. Because of ablutions, his white hair will shine one day like stars around *jannah*, Insha Allaah.**



**Baba's ears are for listening and pondering Allaah's words and for recording the perfect recitation of the Quran in *Tajweed*.**

Rasulullah (sallallahu alayhi wasallam) said:  
*"He who listens to even a single aayat (being recited by another) obtains such a virtue which perpetually multiplies (it increases in thawaab continuously). The one who recited the aayaat will on the Day of Qiyaamah find the recited aayat in the form of a Noor (which will be of greater value and significance than the virtue which accrued to the one who had listened to the recitation.)"*(Ahmad)



**In a Hadith Qudsi, Allah says that if His servant tries to come closer to Him, by voluntary good actions, He will love him and if He loves Him, He will become the sight by which he sees, the hearing by which he hears and the hand by which he dares and forces and the legs by which he walks, and if the servant seeks His refuge, He will answer and if he asks Him, He will respond.**

**Ya Allaah, make my daddy and mammy like this.  
 Ameen.**

"When their ears, their eyes, their skin will testify against them." (41:21)  
 "That day we seal up mouths, and hands speak out and feet bear witness to all that they did." (36:65)  
 "When Allah accepts repentance and forgives His servant, then recording angels erase their records, organs lose their memories, and earth removes its stains of evidence so that when that person appears before Allah, there is no one to be a witness against him."