A selection of Supplications
From Al-Qur’an and Authentic Hadith

“When My servants ask you about Me, I am always near. I answer their prayers when they pray to Me. The people shall respond to Me and believe in Me, in order to be guided”.
(AI-Qur’an 2:186)

FOREWORD

In the name of Allah, the Beneficent, the Merciful

All praise is due to Allah (SWT), the Almighty. We all praise Him, seek His Help, and ask His Forgiveness. We seek refuge with Him from the evil of our souls, and from our sinful deeds. He whom Allah (SWT) guides, no one can misguide him, and whoever Allah (SWT) misguides, no one can guide him. I bear witness that there is no deity worthy of worship but Allah (SWT), and I bear witness that Muhammad (pbuh) is truly His servant and Messenger.

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We pray to Allah (SWT) for guidance and help. Surely, He is over all things Powerful. May Allah (SWT) accept our effort and put it on our scale of good deeds on the Day of Resurrection to outweigh the evil deeds. Aameen.

ISLAMIC_KNOWLEDGE TEAM
DUA (SUPPLICATION)

Dua (supplication) in Islam is one of the most beautiful and profound aspects of worship. It is a direct channel to communicate personally with your Creator, Who is ever Present, and ever ready to Respond.

THE MERIT OF MAKING DU’A

"Then do remember Me; I will remember you. Be grateful to Me, and reject not Faith":  
(Qur’aan: 2:152)

"Those who believe & whose hearts find satisfaction in remembrance of Allah for without doubt in remembrance of Allah do hearts find satisfaction":  
(Qur’aan: 13:28)

The Prophet (pbuh) said that Allah, the Exalted and Glorious, thus stated: "I am near to the thought of My servant as he thinks about Me, and I am with him as he remembers Me. And if he remembers Me in his heart, I also remember him in My Heart, and if he remembers Me in assembly I remember him in assembly, better than his (remembrance), and if he draws near Me by the space (covered by) two hands. And if he walks towards Me, I rush towards him".  
(Muslim, Book 035, Number 6471)

BEST TIMES TO MAKE DUA

There are certain times Dua is more likely to be accepted by Allah (SWT) as mentioned by Prophet (pbuh). Some of these times are as follows:

1. THE LAST THIRD OF THE NIGHT

The Prophet (pbuh) said: "When it is the last third of the night, our Allah (SWT), the Blessed, the Superior, descends every night to the heaven of the world and says, 'Is there anyone who invokes Me (demand anything from Me), that I may respond to his invocation; Is there anyone who asks Me for something that I may give (it to) him; Is there anyone who asks My forgiveness that I may forgive him'?"  
(Bukhari, Volume 8, Book 75, Number 333)

2. AN HOUR ON FRIDAY

The Prophet (pbuh) said, "On Friday there is a particular time. If a Muslim happens to be praying and invoking Allah for something good during that time, Allah will surely fulfill his request." The Prophet (pbuh) pointed out with his hand. We thought that he wanted to illustrate how short that time was.  
(Bukhari, Volume 8, Book 75, Number 409)

The Prophet (pbuh) said: "Seek the time in which hope is placed on Friday from after the afternoon prayer till sunset."  
(Al-Tirmidhi Hadith 1360)

3. THE NIGHT OF ‘QADR’ (DECREE)

This night in Ramadan is the greatest night of the year. The Almighty Allah (SWT) said about it, "The night of Al-Qadar (Decree) is better than a thousand months." (Qur’aan 97:3)

4. THE DUA OF A MUSLIM FOR HIS MUSLIM BROTHER OR SISTER

The Prophet (pbuh) said “He who supplicates for his brother behind his back (in his absence), the Angel commissioned (for carrying dua to his Lord) says: Ameen, and it is for you also”.  
(Muslim, Book 035, Number 6589)

5. DUA DURING THE MONTH OF RAMADAN

The Prophet (SAW) said, “When the month of Ramadan comes, the gates of mercy are opened, and gates of Hell are locked and devils are chained”.  
(Muslim Book 6, No. 2361)

6. A TRAVELLER’S AND A PARENT’S DUA

The Prophet (SAW) said, three duas are answered, there being no doubt about them; that of a father, that of a traveller and that of one who has been wronged.  
(Abu Dawud Book 8, Number 1531)

GLORIFICATION OF ALLAH

"O Allah! none can bring goodness except You and none can remove evil except You; and You give the kingdom to whom You will, and You humiliate whom You will. Verily, You are able to do all things".  
(Qur’aan: 3:26)

The Prophet Muhammad (SAW) was instructed to make this dua. This verse refers to the situation of the Israelites. They had the kingdom, and Allah took it away. Israelites, who were a living nation, are turned into a spiritually dead community. Arabs, who were spiritually at the abyss, are now bustling with life with the message of Islam brought by the Prophet (pbuh). Allah (SWT) made them spiritually dead, politically and financially bankrupt, just because these people went away from Truth.

"O Allah, none can bring goodness except You and none can remove evil except You; and there is no power and strength except with Your help".  
(Abu Dawud, Book 29, No. 3909)

"O Allah, I seek refuge in You from the evil of my own soul and the evil of my father’s soul and the evil of my mother’s soul and the evil of the jinna. I am born in sin”.  
(Al-Azeez 19:12)

Huwa Allahu alaah fee nidaat Allah umma alaah waliya alaahumma yushrikoona

“Allah is He, than Whom there is no other god- the Sovereign, the Holy One, the Source of Peace (and Perfection), the Guardian of Faith, the Preserver of Safety, the Exalted in Might, the Irresistible, the Supreme: Glory to Allah. (High is He) above the partners they attribute to Him”.  
(Qur’aan: 59:23)
THANKING ALLAH

Waith taaththana rabbukum lain shakartum laazeedannakum walain kafartum inna AAathabee lashadeedun

And remember! Your Lord caused to be declared (publicly): "If you are grateful, I will add more (favours) unto you, But if you show ingratitude, truly My punishment is terrible indeed."

(Qur'aan: 14:7)

WaIta rabbukum lain shakartum laazeedannakum wa alain kafartum inna AAathabee lashad ethanol

And remember! Your Lord caused to be declared (publicly): "If you are grateful, I will add more (favours) unto you, But if you show ingratitude, truly My punishment is terrible indeed."

(Qur'aan: 14:7)

Innee tawakkaltu AAala Allahi rabbee warabbikum ma min dabbatin illa huwa akhithun binasiyatiha inna rabbee AAala siratin mustaqeemin

“I put my trust in Allah, My Lord and your Lord! There is not a moving creature, but He has grasp of its fore-lock. Verily, it is my Lord that is on a straight Path”.

(Qur’aan: 11:56)

Qul huwa alrrahmanu amanna bihi waAAalayhi tawakkalna fasataAAlamoona man huwa fee dalalin mubeenin

Say: “He is (Allah) Most Gracious, We have believed in Him, and on Him have we put our trust. So, soon will you know which (of us) it is that is in manifest error.” (Qur’aan:67:29)

Faqaloo AAala Allahi tawakkalna rabbana la tajAAalna fitnatan lilqawmi alththalimeena Wanajjina birahmatika mina alqawmi alkafireena

They said: “In Allah do we put our trust. Our Lord! Make us not a trial for those who practise oppression. And save us by Your Mercy from those who disbelieve.”

(Qur’aan: 10:85-86)

Bismillaahi, tawakkaltu 'alallaahi, wa laa hawla wa laa quwwata ilaa billaah.

“In the name of Allah, I trust in Allah; there is no might and no power but in Allah.”

(Qur’aan: 2:255)

TRUST IN ALLAH

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(Qur’aan: 2:255)

The Prophet (SAW) said, "say Laa hawla wa laa quwwata ilaa billaah, for it is one of the treasures of Paradise.”

(Bukhari, Volume 8, Book 75, Number 393)
DEPENDANCE ON ALLAH

Innee wajjahtu wajhiya lillathee fatara alssamawati waalardaa haneefan wama ana mina almushrikeena

"For me, I have set my face, firmly and truly, towards Him Who created the heavens and the earth, and never shall I give partners to Allah." (Qur’aan: 6:79)

PROTECTION FROM SHAYTAAN

Quli allahumma fatira alssamawati waalardi AAalima alghaybi waalshshahadati anta tahuu kaybi. Say: “O my Lord! I seek refuge with You from the whisperings (suggestions) of the Shayatin (devils)  “And I seek refuge with You, My Lord! lest they should come near me.” (Qur’aan: 23:97)

BLESSINGS ON PROPHET MUHAMMED (SAW)

Allahumma Rabba hadhihi-d-da’ watil-tammati was-salatil qa’imati, ali Muhammadan al-wasilata wal-fadilata, wab’ athhu maqaman mahmudan-il-ladhi wa’ adtahu (innaka laa tukhliful-mee’aqad).

"He who blesses me once, Allah (SWT) would bless him ten times." (Muslim, Book 004, Number 0808)
IN DISTRESS

La ilaha illa Anta subhanaka innee kuntu mina alththalimeena

“O Earth, your Lord and my Lord is Allah (therefore) seek His protection from your mischief and the mischief of what He has created within you and the mischief of what walks on you. And I seek Allah’s protection against lions, black cobras, snakes, scorpions. And I seek His protection from the inhabitants of this town and from every father and what he has sired”.  

(Abu Dawud, Book 14, Number 2597)
FaAllahu khayrun hafithan wahuwa arhamu alrahimeena
“But Allah is the best to take care (of them), and He is the Most Merciful of those who show mercy!”
(Qur’aan: 12:64)

Allaahumma innee a’uthu bika minal-hammi wal-hazani wal-ajzi wal-kasali wal-bukhli wal-jubni wa dhala’d-daini wa ghalabatir rijal‘i
“Oh Allah, I seek refuge in you from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and from being overpowered by men (i.e. other people)”
(Bukhari, Volume 8, Book 75, Number 380)

Rabbana innee a’uthu bika minal-hammi wal-hazani wal-ajzi wal-kasali wal-bukhli wal-jubni wa dhala’d-daini wa ghalabatir rijal‘i
“Our Lord! I seek refuge in you from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and from being overpowered by men (i.e. other people)”
(Qur’aan: 44:12)

Rabbana innee a’uthu bika minal-hammi wal-hazani wal-ajzi wal-kasali wal-bukhli wal-jubni wa dhala’d-daini wa ghalabatir rijal‘i
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“Who say, when afflicted with calamity: “To Allah We belong, and to Him is our return”.
(Qur’aan: 2:156)

Rabbana ikshif AAanna alAAathaba inna muminoona
“Oh Allah, guide me with those whom You have guided, and strengthen me with those whom You have given strength. Take me to Your care with those whom You have taken to Your care. Bless me in what You have given me. Protect me from the evil You have ordained. Surely You command and are not commanded, and none whom You have committed to Your care shall be humiliated (and none whom You have taken as an enemy shall taste glory). You are Blessed, Our Lord, and Exalted”
(Abu Dawud, Book 8, Number 1420)

Rabbana ikshif AAanna alAAathaba inna muminoona
“Truly distress has seized me, but You are the Most Merciful of those that are Merciful.”
(Qur’aan: 21:83)

La ilaha illal-lahu al-‘Azim, la-Halim, la-ilaha il-lallah Rabul- Arsh-al-Azim, La ilaha-il-lallah Rabus-Samawati Rab-ul-Ard; wa Rab-ul-Arsh Al-Karim.
“There is none worthy of worship but Allah the Mighty, the Forbearing. There is none worthy of worship but Allah, Lord of the Magnificent Throne. There is none worthy of worship but Allah, Lord of the heavens and Lord of the earth, and Lord of the Noble Throne”
(Bukhari, Volume 9, Book 93, Number 523 and Volume 8, Book 75, Number 356)

This dua was recited by the people of the cave, known as ashaabul kahf, when they heard the sound of advancing soldiers, while running away from the army of the cruel king, who wanted to kill them because they, as true believers, refused to worship idols.

This dua was recited by Prophet Ayyub (pbuh). Allah (SWT) put him through severe trials by taking away his wealth, health and children. His father, a descendant of Ishaq, was a very rich man. Although poor health, disease and poverty made him weak and miserable, he never complained or showed despair. His patience and endurance became a byword for coming generations till now.

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The Prophet (SAW) used to invoke Allah (SWT) at the time of distress. (Bukhari, Volume 8, Book 75, Number 357)
Allahumma rahmatuka arjoo falaa takilnee ilaaj laa nafsee tarfata 'ainin, wa aslih lee sha'nee kullahu, laa ilaaha lila Anta.

"Oh Allah, I hope for Your mercy. Do not leave me to myself even for the blinking of an eye (i.e. a moment). Correct all of my affairs for me. There is none worthy of worship but You"

(Abu Dawud, Book 41, Number 5071)

Qala rabbi ohkum bi alhaqqi warabbuna alrrahmanu almustaAAanu AAala ma tasifoon

Say: “O my Lord! judge Thou in truth!” “Our Lord Most Gracious is the One Whose assistance should be sought against the blasphemies you utter!”             (Qur’aan: 21:112)

Prophet Muhammad (SAW) made this dua.  This dua confirms Allah (SWT) as the ultimate Judge of truth and that He alone will protect us against blasphemies uttered by non-believers.

GENERAL WELL BEING

Waqul rabbi adkhilnee mudkhala sidqin waakhrijnee mukhraja sidqin wa ija’al lee min ladunka sultanan naseeran

Say: “O my Lord! Let my entry be by the Gate of Truth and Honour, and likewise my exit by the Gate of Truth and Honour; and grant me from Your Presence an authority to aid (me).”

(Qur’aan: 17:80)

"Allahumma aslamtu wajhi ilaika, wa fauwadtu amri ilaika, wa alja’tu Zahri ilaika raghbatan wa rahbatan ilaika. La Malja’ wa la manja minka illa ilaika. Allahumma amantu bikitabika-l-ladhi anzalta wa bina-biya’ka-l-ladhi arsalta”

“O Allah! I surrender to You and entrust all my affairs to You and depend upon You for Your Blessings both with hope and fear of You. There is no fleeing from You, and there is no place of protection and safety except with You O Allah! I believe in Your Book (the Qur’an) which You have revealed and in Your Prophet Muhammad (SAW) whom You have sent”:

(Bukhari, Volume 1, Book 4, Number 247)

“O Allah! I beg of You blessings of entering and leaving.  With Allah’s name do we enter and with Allah’s name do we leave and upon Allah, our Lord do we rely.”

(Abu Dawud, Book 41, Number 5077)

Allahumma innee a’uthu bi ridhaaka min sakhatika, wa bi mu’aa-faatika min ‘uqoobatika, wa a’uthu bika minka, laa uhsee thanaa’an ‘alaika, Anta kamaa athnaita ‘ala minka. “O Allah, I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee from Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself.”

(Muslim, Book 004, Number 0986)

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"O Allah! I beg of You blessings of entering and leaving.  With Allah’s name do we enter and with Allah’s name do we leave and upon Allah, our Lord do we rely.”

(ABu Dawud, Book 41, Number 5077)
O Allah, set aright my religious life which is a safeguard in all my affairs, set aright my worldly life which is a source of my maintenance, set aright my life of the hereafter unto which I am bound to return, and make my life a source of earning more and more good and make my death a refuge against all troubles.”

(Omar Bin Alkhattab, Book 035, Number 6565)

“O Allah, I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself.”

(Muslim, Book 004, Number 0986)

“O Allah, forgive all my faults and sins. O Allah, grant me reverence, a pleasant life, lawful sustenance and guide me to do virtuous deeds and to have good character. Surely, none can guide to do good deeds and have good character except You and none can prevent from bad deeds and evil character except You”. (Bukhari, Volume 8, Book 75, Number 407)

“O Allah, I seek your protection from useless knowledge, from a heart which is not disposed to fear you, from insatiable desire, from a prayer which is not answered and I seek Your protection from all the four said evils.”

(Muslim, Book 085, Number 6585)
“O Allah, unite our hearts and set aright our mutual affairs, guide us to the path of peace, liberate us from darkness by Your light, save us from obscene practices whether hidden or open, bless us in our ears, eyes, hearts, wives and children and accept our repentance; verily You are Oft-returning, Merciful; and grant us that we may be grateful to You and full of praise for You for Your bounty and that we may welcome it and be pleased to fulfill Your bounty for us”.

(Abu Dawud, Book 3, Number 0964)

“O Allah, I seek Your protection from acute hunger, for it is an evil companion and from dishonesty as it indicates a bad nature.”

(Abu Dawud, Book 8, Number 1542)

“None is worthy of worship besides You. You have no partner. O Allah! I seek forgiveness from You for my sins and I seek Your mercy. O Allah! Increase me in my knowledge and let not my heart deviate after You have guided me and grant me special mercy from Your presence for You are the one who grants bounties without measure”.

(Abu Dawud, Book 41, Number 5043)

“O Allah, I seek Your protection from vicious manners and actions, evil desire and diseases.”

(Abu Dawud, Book 8, Number 1549)

“O Allah. I beg of You guidance, piety, chastity and independence (from your creation).”

(Muslim, Book 035, Number 6566)

“The Messenger believes in what has been revealed to him from his Lord, as do the believers. Each one (of them) believes in Allah, His Angels, His Books, and His Messengers. “We make no distinction (they say) between one and another of His Messengers.” And they say: “We hear, and we obey: (We seek) Your Forgiveness, our Lord, and to You is the return (of all).”

(Qur’aan: 2-285)

“On no soul does Allah place a burden greater than it can bear. It gets every good that it earns, and it suffers every ill that it earns. (Pray:) “Our Lord! Condemn us not if we forget or fall into error; our Lord! Lay not on us a burden Like that which You did lay on those before us; Our Lord! Lay not on us a burden greater than we have strength to bear. Blot out our sins, and grant us forgiveness. Have mercy on us. You are our Protector; Help us against those who stand against faith”.

(Qur’aan: 2:286)

The Prophet (SAW) said, “It is sufficient for one to recite the last two Verses of Surat-al-Baqara (2:285-286) at night.”

(Bukhari, Volume 5, Book 59, Number 345)

Subhaan Allaahi, Wal hamdu Lillaahi, Wallaahu Akbar

“Allah is Glorified, The praise is for Allah, Allah is the Greatest”

The Prophet (SAW) then said, “Shall I not tell you of a thing which is better for you than a servant? When you (both) go to your beds, say ‘Allahu Akbar’ thirty-four times, and ‘Subhan Allah’ thirty-three times, ‘Alhamdu ‘ilah’ thirty-three times, for that is better for you than a servant.” Ibn Sirin said, “Subhan Allah’ (is to be said) for thirty-four times.”

(Bukhari, Volume 8, Book 75, Number 330)
"Glorified is Allah and praised is He, Glorified is Allah the Most Great".
(Bukhari, Volume 8, Book 75, No. 415)

The Prophet (SAW) said, "There are two expressions which are very easy for the tongue to say, but they are very heavy in the balance and are very dear to The Beneficent (Allah), and they are, 'Subhan Allah Al-'Azim and 'Subhan Allah wa bihamdihi.'"
(Bukhari, Volume 8, Book 75, No. 415)

The Prophet (SAW) said, "Whoever says, 'Subhan Allah wa bihamdihi,' one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea."
(Bukhari, Volume 8, Book 75, Number 414)

"O Allah, I seek Your protection from obstinacy, hypocrisy and all bad manners."  
(Al-Adheem, Book 8, Number 1541)

"Allahu la ilaha illa huwa alhayyu alqayyoomu la takhuthuhu sinatun wala nawmun lahu ma fee alssamawati wama fee alardi man tha allathee yashfaAAu AAindahu illa biithnihi yaAAAlumu ma bayna aydeehim wama khalfahum wala yuheetoona bishayin min AAilmihi illa bima shaa wusw AAursusaa alssamawati waalarda wala yaooduhu hifthuhuma wahuwa alAAaliyyu alAAatheemu"

"O Allah, I seek Your protection from obstinacy, hypocrisy and all bad manners."  
(Al-Adheem, Book 8, Number 1541)

"My Lord! Increase me in knowledge".  
(Qur’aan: 20:114)

This dua is taught by Muhammad (SAW) by Allah (SWT) Himself. The verse relates to an instruction not to hasten with Qur’aan before it is completely revealed. While revelation of the Qur’aan was incomplete, our Prophet (SAW) was instructed to make this dua. In our situation, when our knowledge is limited about Qur’aan, we should always make this dua to understand Qur’aan more.

"My Lord! Bestow wisdom on me, and join me with the righteous".  
(Qur’aan: 26:83)

Prophet Ibrahim (pbuh) made this dua. Ibrahim (pbuh) was making dawah to his father Azar and his people. The people were disbelievers. Ibrahim (pbuh) while explaining to the people about the truth and benefits of obeying Allah (SWT), made this dua. This dua stresses that our knowledge should guide us to be righteous. We are to be righteous, not blindly, but based on sound knowledge and wisdom.

"Unless my Lord guide me, I shall surely be among those who go astray".  
(Qur’aan: 6.77)

"I do hope that my Lord will show me the smooth and straight Path."  
(Qur’aan: 28.22)

"Our Lord! Let not our hearts deviate (from the truth) after You have guided us, but grant us mercy from You. You are the Grantors of bounties without measure".
(Qur’aan: 3:8)
SEEKING PROTECTION

Fatira alssamawati waalardi anta waliyyee fee alddunya waalakhirati tawaffanee (Musliman waalhiqnee bialssaliheena)

"You Creator of the heavens and the earth! You are my Protector in this world and in the Hereafter. Take You my soul (at death) as one submitting to Your will (as a Muslim), and unite me with the righteous."

(Qur'aan: 12:101)

Prophet Yusuf (peace be upon him) made this dua after he became the ruler of Egypt, and he met with his parents. The parents prostrated to Allah (SWT) and Yusuf (peace be upon him) realised his dream of eleven stars and the sun and the moon making obeisance to Allah (SWT).

Allaahumma innee a'uthubika an adhilla, aw udhalla, aw azilla, aw uzalla, aw adhlima, aw udhlama, aw ajhala aw yujhala 'alayya.

"Oh Allah, I seek refuge in You lest I misguide others, or I am misguided by others, lest I cause others to err or I am caused to err, lest I abuse others or be abused, and lest I behave foolishly or meet with the foolishness of others".

(Abu Dawud, Book 41, Number 5075)

Allaahumma innee as'alukal- 'afwa wal- 'aafiyata fid-dunya wal- aakhirati Allaahumma innee as'alukal- 'afwa wal 'aafiyata: Fee deenee wa dunyaya wa ahlee, wa maalee, Allaahum-mastur 'auraatee, wa amin rau'aatee, Allaahum-mahfadhni min baini yadayya, wa min khallee, wa 'an yameenee, wa 'an shimaalee, wa min fawgee, wa a'uthu bi'adhamatika an ughtaala mii tuhtee

"Oh Allah, I seek Your forgiveness and Your protection in this world and the next. Oh Allah, I seek Your forgiveness and Your protection in my religion, in my worldly affairs, in my family and in my wealth. Oh Allah, conceal my secrets and preserve me from anguish. Oh Allah, guard me from what is in front of me and behind me, from me, from my left, and from my right, and from above me. I seek refuge in Your Greatness from being struck down from beneath me."

(Abu Dawud, Book 41, Number 5056)
SEEKING PATIENCE AND PERSEVERANCE

Rabbana anfarghu 'alaana sabrannaa walwaaffana (Muslimeena "Our Lord! pour out on us patience and constancy, and cause us to die as (Muslims)."
(Qur'aan: 7:126)

Wama lana alla natawakkala 'alaala Allahi waaqad hadana subulana walnasbiranna 'alaala ma athaytumoona wa'alaala Allahi falyatabawakkali almutawakkiloona
"No reason have we why we should not put our trust on Allah. Indeed He Has guided us to the Ways we (follow). We shall certainly bear with patience all the hurt you may cause us. For those who put their trust should put their trust on Allah." (Qur'aan: 14:12)

SEEKING HEALTH

Allaahumma 'aafnee fee badaneen, Allaahumma 'aafnee fee sam'een, Allaahumma 'aafnee fee basareen, laa laaaha illa Allaah. Allaahumma innee a'uthu bika min ash'athaytumoona wa'alaala Allahi falyatabawakkali almutawakkiloona
"O Allah, I seek Your protection from the mischief of my ears, eyes, tongue, heart and semen” (i.e. sexual passion). (Abu Dawud, Book 8, Number 1546)

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Waqithimu alssayyiati waman taqi alssayyiati yawmaithin faqad rahimtahu wathalika huwa alfawzu alAAatheemu
"And preserve them from (all) ills; and any whom You do preserve from ills that Day, on them will You have bestowed Mercy indeed: and that will be truly (for them) the highest Achievement”. (Qur'aan: 40:9)

SEEKING HEALTH

Allaahumma jaal fee qalbee nooran, wa fee lisaaneen nooran, wa'alaal fee sam'een nooran, wa'alaal fee basareen nooran, wa'alaal min khalleef nooran, wa min amameen nooran, wa'alaal min fa'uqee nooran, wa min tahtee nooran, Allaahumma a'tinee nooran.
"O Allah, place light in my heart, and on my tongue, in my ears, in my eyes, and shed it at the back of me, in front of me, above me and beneath me. O Allah! Grant me light”. (Bukhari, Volume 8, Book 75, Number 328)

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"Who created me, and It is He who guides me; Who gives me food and drink, And when I am ill, It is He who cures me; Who will cause me to die, And then to live (again); And who, I hope, Will forgive me my faults On the Day of Judgment”. (Qur’aan: 26:78)
Allahumma innaa nas’aluka fee safarinaa hathal-birra wat-taqwaa, wa minal-'amali maa tardhaa,
Allahumma hawwin 'alainaa safaranaa haatha watwi 'annaa bu’dahu, Allahumma Antas-
saahibu fis-safari wal-khaleefatu fil-ahli, Allahumma innee a'uthu bika min wa’thaa 'is-safari wa
kaabatil mandhari, wa soo’il munqalabi fil-maali wal-ahli

"Oh Allah, we ask you on this our journey for goodness and piety, and for works that are
pleasing to You. Oh Allah lighten this journey for us and make its distance easy for us. Oh
Allah, You are our Companion on the road and the One in Whose care we leave our family.
Oh Allah, I seek refuge in you from this journey’s hardships, and from the wicked sights in
store and from finding our family and property in misfortune upon returning."

(Muslim, Book 007, Number 3113)

Waqala irkaboo feeha bismi Allahi majraha wamursaha inna rabbee laghafoorun raheem

So he said: "Embark ye on the Ark, In the name of Allah, whether it move or be at rest! For
my Lord is, be sure, Oft-Forgiving, Most Merciful!" (Qur’aan: 11:41)

Prophet Nuh (pbuh) made this dua after he loaded a pair of animals in his ark, except his
unbelieving son. This dua helped Nuh (pbuh), the believers and the necessary animals in the Ark
sail through the deluge till the water subsided.

Waith qala ibraheemu rabbi ijAAal hatha haaltha wa-ma kun-na lahu muqrineena wa inna ila Rabbina la-
mun-qali-boon.

"Glory be to Him (Allah) Who has brought this (vehicle) under our control though we were
unable to control it. Sure, we are to return to our Lord." (Qur’aan: 43:13)

And remember Abraham said: "My Lord, make this a City of Peace, and feed its people with
fruits,-such of them as believe in Allah and the Last Day." He said: (Yea), and such as reject
Faith, for a while will I grant them their pleasure, but will soon drive them to the torment of
Fire, an evil destination (indeed)!

(Qur’aan: 2:2:126)
WEARING NEW GARMENT

Allahumma lakal hamdu kama kasawtu, as-aluka khayrahu wa-khayra ma-suni'a lahu wa-
a'u- dhu bika min sharrihi wa-sharri ma-suni'a lahu.

"Oh Allah, all praise and thanks to You for clothing me with this (garment). I ask You for the
good of it and the good of what it was made for, and I ask Your protection from the evil of it
and the evil of what it was made for."

( Abu Dawud Book 32, Number 4009: Tirmidhi (59) Hadith Number 7)

DUAS FOR SPEECH

Qala rabbi ishrah lee sadree. Wayassir lee amree. Waohlul AAuqdatan min lisanee. Yafqahoo

"Oh My Lord! Open for me my chest (grant me self-confidence, contentment, and
boldness). And ease my task for me; And loose the knot (the defect) from my tongue, That
they may understand my speech"

(Qur’aan: 20:26)

Prophet Musa (pbuh) made this dua while proceeding to the court of Firawn for the arguments. In
this dua, there is a request to increase one’s knowledge base – an important requirement for
arguments. The second request is to remove physical limitations or limitation of resources. The
third request is to allow him make lucid, easy to understand arguments. As we know, Musa (pbuh)
was successful in the Firawn’s court and the wise men in the court had accepted the truth.

DUAS FOR PARENTS

Rabbana ighfir lee waliwalidayya walilmumineena yawma yaqoomu alhisabu

"O our Lord! Make of us (Muslims, bowing to Your (Will), and of our offspring a nation
submissive unto You, and show us our Manasik (all the ceremonies of pilgrimage – Hajj
and Umrah) and accept our repentance. Truly You are the One Who accepts repentance,
the Most Merciful”

(Qur’aan: 2:128)

Rabbi awziAnee an ashkura niAAmataka allate anAAmata AAalayya waAAala waliayya waan
aAmala salihan tardahu waasiil lee feethurriyyatee innee tubtu ilayka wannie mina
talalMusimeena

“O My Lord! grant me that I should be grateful for Your favor which You have bestowed on
me and my parents, and that I should do good such as You are pleased and do good to me
in respect of my offspring; surely I turn to You, and truly I submit (toYou) in Islam.”

(Qur’aan: 46:15)

Rabbi ighfir lee waliwalidayya waliman dakhala bayliya buruyin minninalwaalimuninawi
wala tazidi alththalimeena illa tabaran

“O my Lord! Forgive me, my parents, all who enter my home as a believer, and (all)
believing men and believing women: and to the wrong-doers grant You no increase but
destruction!”

(Qur’aan: 71:28)

DUAS FOR OFFSPRING

Rabbi hab lee mina alssaliheena

"O my Lord! Grant me (offspring) from the righteous"

(Qur’aan: 37:100)

This is a dua made by Prophet Ibrahim (pbuh). He had offered this dua for protection from Hell-
fire. This is an extraordinary dua where Ibrahim (pbuh) is not only asking for him and his parents,
but for all the believers. This should be an example for us to include other believers in our duas so
that Allah (SWT) grants His mercy to all Muslims.

Rabbi irhamhuma kama rabbayanee sagheeraan

"My Lord! Bestow on them Your Mercy as they did bring me up when I was young.”

(Qur’aan: 17:24)
**Rabbi hab lee min ladunka thurriyyatan tayyibatan innaka sameeAU aldduai**

"O my Lord! Grant unto me a good offspring. You are indeed the All-Hearer of dua!"  
(Qur’aan: 3:38)

Prophet Zakariya (pbuh) made this dua. Maryam was entrusted with Zakariya as a guardian. When Maryam grew up in purity and devoutness, Zakariya longed for such a child for himself, a child who would be pure, virtuous and honourable as Maryam.

Wainnee khiftu almawaliya min waraee wakanati imraatee AAaqiran fahab lee min ladunka waliyyan  
"Now I fear (what) my relatives (and colleagues) (will do) after me: but my wife is barren: so give me an heir as from Yourself".  
(Qur’aan 19:5)

**Rabbi ijAAalnee muqeema alssalati wamin thurriyyatee rabbana wtaqabbal duAAai**

"O my Lord! Make me one who establishes Prayer (Iqamat-as-Salat) and also (raise such) among my offspring O our Lord! And accept our dua".  
(Qur’aan: 14:40)

As a parent of Ismail and Ishaq, Prophet Ibrahim (pbuh) supplicated to Allah (SWT) to make him steadfast in his Salaat. He also asked to make his offspring steadfast in their Salaat.

**DUAS FOR FINDING A SUITABLE SPOUSE**

Subhana allathee khalaqa alazwaja kullaha mimma tunbitu alardu wamin anfusihim wamimma la yaAAalamaa

“Glory to Allah, Who created in pairs all things that the earth produces, as well as their own (human) kind and (other) things of which they have no knowledge”.  
(Qur’aan: 36:36)

Waallafa bayna quloobihim law anfaqta ma fee alardi jameelma ma allafta bayna quloobihim walakinnna Allahia allafa baynahum innahu AAaazeenun hakeemun  

“And (moreover) He has put affection between their hearts: not if you had spent all that is in the earth, could You have produced that affection, but Allah has done it: for He is Exalted in might, Wise”  
(Qur’aan: 8:63)

**AT BEGINNING OF SEXUAL INTERCOURSE**

Bismillah, Allahumma jannibna-sh-shaitan, wa jannibi-sh-shaitan ma razaqtana

“In the name of Allah. O Allah! Protect us from Satan and also protect what you bestow upon us”.  
(Bukhari, Volume 8, Book 75, Number 397)
SORTING OUT DIFFERENCES

“O my Lord! Help me against people who do mischief!”
(Qur’aan: 29:30)

SEEKING FORGIVENESS

Allatheeena yaqooloona rabbana innana amanna faighfir lana thunoobana waqina AAathaba alnnari

“Our Lord! We have indeed believed: forgive us our sins, and save us from the punishment of the Fire”
(Qur’aan: 3:16)

SEEKING VICTORY OVER ENEMIES

Walaamma barazoo lijaalota wajunoodidi qaloo rabbana afrigh AAalayna sabran walhabbit aqdamama waonsurna AAala alqawmi alkaafireena

“Our Lord! Bestow on us patience and set firm our feet and make us victorious over the unbelieving people”.
(Qur’aan: 2:250)

When Talut (Saul) marched with his soldiers to confront Jalut (Goliath), the small force of Talut including Dawud made this dua. Jalut’s army was larger than Talut’s. But on Talut’s side was Allah (SWT) since Talut was marching to establish a kingdom in the name of Allah (SWT). In the war, Talut’s forces fought with the authority of Allah (SWT), in a response to this dua. Dawud killed Jalut, and Allah (SWT) gave Dawud the kingdom and wisdom.

Qala rabbi onsurnee AAala alqawmi almusfiideena
“O my Lord! grant You forgiveness and mercy for You are the Best of those who show mercy!”
(Qur’aan: 23:118)
Our Lord! Make us not a (test and) trial for the disbelievers, but forgive us, our Lord! Verily, You, only You, are the All-Mighty, the All-Wise.” (Qur’aan: 60:5)

Our Lord! Forgive us our sins, blot out from us our iniquities, and take to Yourself our souls in the company of the righteous”. (Qur’aan: 3:193)

Our Lord! In You we have placed our trust, and to You do we turn in repentance, for unto You is the end of all journeys”. (Qur’aan: 60:4)

Our Lord! We have wronged our own souls: If you forgive us not and bestow not upon us Your Mercy, we shall certainly be lost” (Qur’aan: 7:23)

Oh Allah, separate me from my sins as You have separated the East from the West. Oh Allah, cleanse me of my transgressions as the white garment is cleansed of stains. Oh Allah, wash away my sins with ice and water and frost”. (Bukhari, Volume 1, Book 12, Number 711)

Allahumma, ba‘id baini wa baina khatayaya kama ba‘adta baina-l-mashriqi wa-l-maghrib. Allahumma, naqqm in khatayaya kama yunaqa-ththawbu-l-abyadu mina-ddanas. Allahumma, ighsil khatayaya bil-ma‘i wa-th-thalji wal-barad

Allahumma aqfhirlee maa qaddamtu, wa maa akhkhartu, wa maa asrartu, wa maa a‘lantu wa maa anta a‘lamu bi hi illa Anta. (Abu Dawud, Book 7, Number 1405)

Allahumma innee dhalamtu nafsee dhulman katheeran, wa laa yaghfiruth-thunooba illa Anta, faghfir lee magh-firatan min ‘indika warhamnee innaka Antal-Ghafoorur-Raheem. (Bukhari, Volume 1, Book 12, Number 796)

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PROTECTION FROM TRIALS OF THE HEREAFTER

Waallatheena yaqooloona rabbana isrif AAanna AAathaba jahannama inna AAathabaha kana gharaman
"Our Lord! Avert from us the Wrath of Hell, for its Wrath is indeed an affliction grievous -
Evil indeed is it as an abode, and as a place to rest in".                                  (Qur'aan: 25:65)

Rabbana wasiAAta kulla shayin rahmatan waAAilman faighfir lillatheena taboo waittabaAAoo
sabeelaka waqihim AAathaba aljaheemi
"Our Lord! You comprehend all things in Mercy and Knowledge. Forgive, then, those who
turn in Repentance, and follow Your Path; and save them from the torment of the Blazing
Fire!"                                                                                                                        (Qur'aan: 40:7)

Rabbana waadkhilhum jannati AAadnin allatee waAAadtahum waman salaha min abaihim
waazwajihim wathurriyyatihim innaka anta alAAazeezu alhakeemu
"And grant, our Lord! that they enter the Gardens of Eternity, which You hast promised to
them, and to the righteous among their fathers, their wives, and their posterity! For You art
(He), the Exalted in Might, Full of Wisdom".                                                       (Qur'aan: 40:8)

Allaahumma innee a'uthu bika min athaabil-qabri, wa min 'athaabi jahannama, wa min fitnatil-
mahyaa wal-mamaati, wa min sharri fitnatil-maseehid-dajjaal.
"Oh Allah, I seek refuge in You from the punishment of the grave, and from the punishment of Hell-fire, and from the trials of life and death, and from the evil of the trial of
Dajjaal".                                                                                           (Bukhari, Volume 6, Book 60, Number 230)

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mahyaa wal-mamaati, wa min sharri fitnatil-maseehid-dajjaal.
"Oh Allah! You are my Cherisher. There is no deity except You. You are my Lord, and as far as possible, I abide by my solemn promise and covenant
(which I made to You). I seek Your protection against the consequences of my
wrongdoings I fully acknowledge the grace You have bestowed upon me and I! confess my
faults. So pardon me as none besides You can pardon sins".                                                                                      (Bukhari, Volume 8, Book 75, Number 318)
**ISTIKHARAH PRAYER**

Allahumma innee astakheeruka bu-ilmika, wa astaqdiruka biqudra-tika, wa as'aluka min fadhlikal Adheem, fa innaka taqdiru wa laa aqdiru, wa ta'lamu, wa laa a'lamu, wa Anta 'Allaamul Ghuyoobi; Allahumma in kunta ta 'lamu anna haathal-amra, — (then mention the thing to be decided) Khairun lee fee deenee wa ma'aashee wa 'aaqibati amree — (or say) — Aajilihi wa aajilihi. Fasrifhu 'annee wasrinee 'anhu waqdur liyal-khaira haithu kaana thumma ardhinee bihi.

“Oh Allah, I seek the counsel of Your knowledge, and I seek the help of Your omnipotence and I beseech You for Your magnificent grace. Surely You are Capable and I am not. You know and I know not, and You are the Knower of the unseen. Oh Allah, if You know that this matter (then mention the thing to be decided) is good for me in my religion and in my life and for my welfare in the life to come, — (or say: in this life and the afterlife) — then ordain it for me and make it easy for me, then bless me in it. And if You know that this matter is bad for me in my religion and in my life and for my welfare in the life to come, — (or say: in this life and the afterlife) then distance it from me, and distance me from it, and ordain for me what is good wherever it may be, and help me to be content with it.”

(Bukhari Volume 2, Book 21, Number 263)

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**TAHAJJUD PRAYER**

Allahumma lakal-hamd. Anta qaiyimus-samawati wal-ard wa man fihinna. Walakal-hamd, Laka mulkus-samawati wal-ard wa man fihinna. Walakal-hamd, anta nurus-samawati wal-ard. Walakalhamd, anta-l-haq wa wa'aqduka-l-haq, wa liq'uka Haq, wa qualuka Haq, wal-jannatu Han wan-naru Haq wannabiyya Haq, Wa Muhammadun, salial-lahu'aliahi wasalimam, Haq, was-sa'atu Haq. Allahumma aslamtu Laka wabika amantu, wa 'Alaika tawakkaltu, wa ilaika anabtu wa bika khasamtu, wa ilaika hakamtu faqhir li ma qaddamtu wama akh-khartu wama as-ratu wama'a lantu, anta-l-muqaddim wa anta-l-mu akh-khir, la ilaha illa anta (or la ilaha ghairuka).

“O Allah! All the praises are for you, You are the Holder of the Heavens and the Earth, And whatever is in them. All the praises are for You; You have the possession of the Heavens and the Earth And whatever is in them. All the praises are for You; You are the Light of the Heavens and the Earth And all the praises are for You; You are the King of the Heavens and the Earth; And all the praises are for You; You are the Truth and Your Promise is the truth, And to meet You is true, Your Word is the truth And Paradise is true And Hell is true And all the Prophets (Peace be upon them) are true; And Muhammad is true, And the Day of Resurrection is true. O Allah ! I surrender (my will) to You; I believe in You and depend on You. And repent to You, And with Your help I argue (with my opponents, the non-believers) And I take You as a judge (to judge between us). Please forgive me my previous And future sins; And whatever I concealed or revealed And You are the One who make (some people) forward And (some) backward. There is none to be worshipped but you . Sufyan said that 'Abdul Karim Abu Umaiya added to the above, 'Wala haula Wala quwata illa billah' (There is neither might nor power except with Allah).”

(Bukhari Volume 2, Book 21, Number 221)